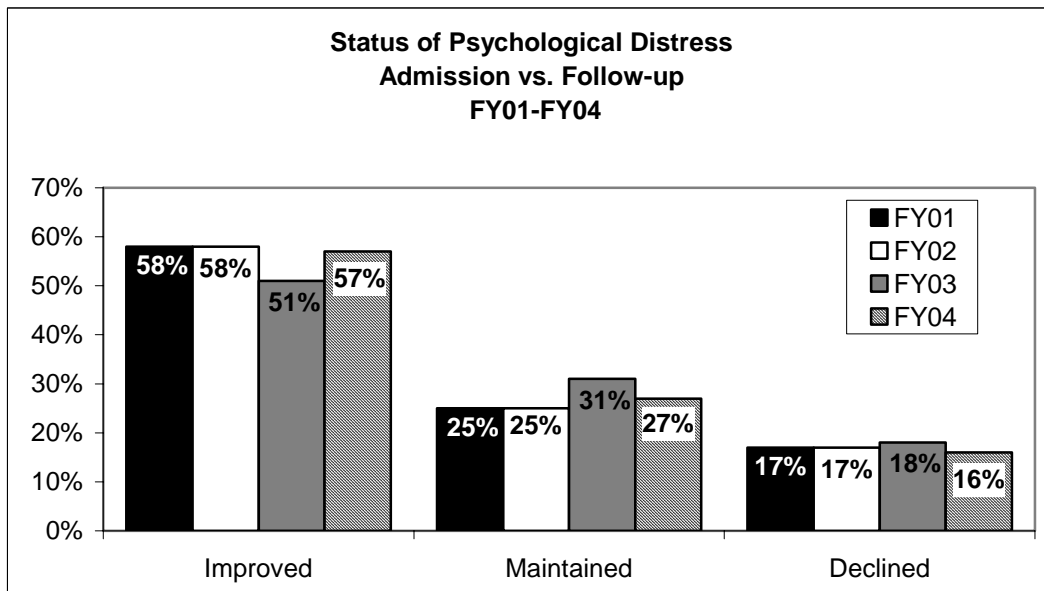


CLIENT STATUS FROM ADMISSION TO FOLLOW-UP IN COMMUNITY MENTAL HEALTH CENTERS

Source: Division of Substance Abuse and Mental Health



Definition: The chart above provides results of the General Well Being (GWB) instrument--a 10-item client (adult scale) self rating instrument that addresses the following areas: sense of general well-being, energy level, emotional/behavioral control, depressed/cheerful mood, tension/anxiety state, and somatic distress or health worries.

Analysis: The GWB shows changes in the overall level of psychological distress for persons receiving services at the community

mental health centers in Utah. Psychological symptoms improved for 57% of clients in community mental health centers during FY04. 27% of clients remained stable and 16% declined. This is similar to previous years.

Future Actions: Conduct detailed analysis with risk assessments of key variables and continue ongoing data quality management to improve mental health services to clients. Carefully monitor centers that fall well below the average gains.